



# Diversity Respect Confidence Beauty.







**Breastcare is where Trulife began over 60 years ago and today, it is still at the heart and soul of everyone at Trulife.**

Beginning in 1958 Trulife developed what would become the world's first breast prosthesis. We continue to lead through innovation by creating the most natural and beautiful breast forms available, because women deserve the best. This ethos remains at the heart of everything we do at Trulife. We understand the importance of restoring confidence and self-esteem and consequently improving the quality of life for women following breast surgery. We understand because we listen and have been listening for over 60 years!

# Contents

BodiCool	5	Trulife Bras	25
BodiCool Wave	5	Bra Fitting Guide	26
Impressions	6	Perfectly Seamless	28
Sublime	8	Stylish Fit	34
Radiant Impressions	10	Shaped Support	37
Silk	12	Living Well	40
Traditional	15	Trulife Bras At a Glance	42
Swim & Activity	17	Accessories	44
Leisure & Post-Surgery	18	Product Care	46
Partial	19		
ReCover	21		
Breast Form Size Guide	22		



**From the beginning, Trulife successfully created the most natural, life-like breast forms and still does today. We recognize that individual women have individual needs.**

After breast surgery, it can be difficult adjusting to the many changes in a woman's life and coming to terms with a new appearance. Trulife has dedicated 60 years to the development of unique and innovative products; our focus has always been on making this transition a little easier and more comfortable for her.

Trulife breast forms are created in a wide range of shapes and sizes to complement a woman's natural beauty. Trends in surgery type and lifestyle are addressed with such products as our new ReCover collection for reconstruction, partial forms, leisure and swim forms and the availability of Radiant Impressions, our beautiful custom breast form.

With the help and expert advice of our dedicated worldwide panel of women, all of whom have had breast surgery, our products are worn and tested at every stage of the development process. This way we are able to offer women the most innovative, comfortable and individual range of breast forms available on the market today.

# Trulife Breast Forms





# BodiCool

BodiCool Wave is made for the woman who prefers the feel of a light-weight blended silicone that offers a solution to body heat.

This breast form integrates an innovative system of TruCool Gel, a Trulife proprietary silicone blend that uses an advanced cooling technology.

BodiCool Wave provides a constant cooling effect by continuously drawing excess heat away from the body. Raised contact points of the channeling system promote enhanced air circulation allowing for optimal cooling.

TruCool Gel-filled channels provide optimal cooling

Raised channeling system promotes enhanced air circulation

Silky-soft, matte skin

## 495 BodiCool Wave

Profile: Average to Full  
Sizes: 1-14

- TruCool Gel-filled channels provide optimal cooling
- Raised channeling system promotes enhanced air circulation
- Cooling properties regenerate once the breast form is removed from the chest wall
- Versatile triangle shape fits a variety of body and surgery types

## 496 BodiCool Wave Teardrop

Profile: Shallow to Average  
Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit

## 490 BodiCool Triangle

Profile: Average to Full  
Sizes: 1-14

- Cooling properties regenerate themselves once the breast form is removed from body
- Fits well with both underwire and softcup bras

A COOLMAX® breast form cover is included with all of our BodiCool breast forms.



# Impressions



We  
understand  
because  
we listen.

And have been for over 60 years.

The most natural  
look and feel  
imaginable

Integrated nipple and  
areola enhances and  
restores femininity

Honeycomb core  
ensures optimum  
breathability

Natural contours  
provide an intimate fit

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)



## 101 Impressions II

Profile: Shallow to Average

Sizes: 2-12

- 100% pure silicone
- Honeycomb design for enhanced breathability
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle
- Can be worn directly against the chest wall



## 102 Impressions II Encore

Profile: Shallow to Average

Sizes: 4-12

- 100% pure silicone in Cocoa color
- Natural grip prevents shifting in bra
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle



## 110 Impressions Shell Triangle

Profile: Partial

Sizes: S, M, L, XL

- The natural tapering blends seamlessly creating an intimate fit
- Integrated areola and nipple enhances and restores femininity
- Partial breast form for post-lumpectomy or post-reconstruction

A COOLMAX® breast from cover is included with Impressions styles 101 and 102.



# Sublime

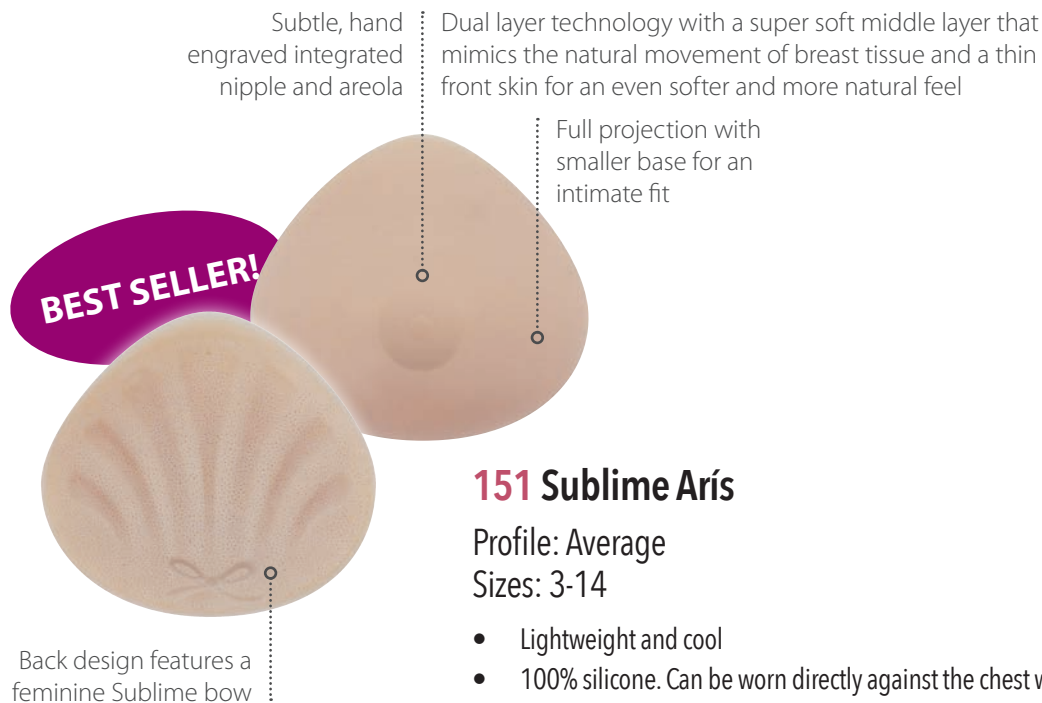
## Julia

*I was diagnosed with breast cancer when my daughter was four months old. Having lost my own mother suddenly to cancer when I was five, the news was my worst fears realized. In the span of about 18 months, my body went through extreme changes during pregnancy, breastfeeding, diagnostic screenings, chemo, a bilateral mastectomy and seven weeks of radiation treatments, all while working a full-time job and caring for our newborn baby. I decided to forgo reconstruction to allow my body more time to heal and in the meantime, I found the feeling of being a young woman, mother and wife again with the help of prosthetics and the right mastectomy bra. Both are essential tools in my journey to discover a new self-image as I heal.*

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)



These revolutionary breast forms are made using 100% pure silicone and features a honeycomb core which ensures optimum breathability. The pure silicone design with tapered edges allows these breast forms to be worn directly against the skin for the most intimate fit. Sublime offers softness and movement similar to natural breast tissue, beautiful shape and durability.



### 151 Sublime Arís

Profile: Average

Sizes: 3-14

- Lightweight and cool
- 100% silicone. Can be worn directly against the chest wall
- Natural skin-like feel
- Includes a COOLMAX® breast form cover



### 152 Sublime Sensation

Sizes: XS, S, M, L, XL

Trulife's most versatile breast form yet! This superlight form is ideal for her active lifestyle, and offers a number of brilliant features:

- The concave back makes Sublime Sensation superlight
- Remaining breast tissue is naturally boosted with the enhancer style bottom
- Silicone provides a non-slip adherence to the chest wall and bra
- The tapered finish contours to the breast and chest wall to blend seamlessly





# Radiant Impr

## Non-Surgical Breast & Nipple Restoration

Trulife is the longtime quality leader in crafting a handmade custom breast prosthesis. We have over two decades of experience creating the most realistic custom breast prosthesis for women as an alternative to reconstruction, an answer to failed reconstruction, and as a beautiful prosthetic option for all women who have had breast surgery.

- Custom made to a woman's unique contour, shape and profile
- May help restore a sense of wholeness and confidence
- Enhanced softness to match natural breast tissue

With the use of a laser scanner, a 3D image is quickly created and easily sent to the Radiant Impressions Production Studio, where Design Engineers create a beautiful custom breast prosthesis that is unique to the surgery site, skin tone, color and characteristics such as freckles and nipple.

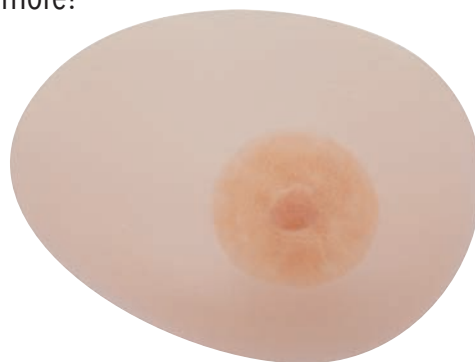
Contact Trulife about our Radiant Impressions Scan Events and/or becoming a Radiant Impressions Scan Retailer.

Visit [radiantimpressions.com](http://radiantimpressions.com) to learn more!



## Semi-Custom Nipples

- Choice of four sizes, colors and projections.





# ressions

## Tawny

*Not knowing where my journey with breast cancer was going to take me, I dove into my love of art and community. Staying creative has helped heal me in many ways—ways I couldn't imagine. It has helped me see the beauty of this dark disease. Continuing to stay creative allows me to experience life with a new lens. The club I had no desire to be a part of has made me thankful for the community that has helped me to see how beautiful all of my scars are. Wildfire Magazine, just one example of both my love of art and community, shows you just a little of this beauty. Being featured in the 'Caregivers and MBS: Young and Stage IV' issue allowed me to share and feel apart of something bigger than myself and has shown me that breast cancer has given me so much more than what it has taken.*



[www.trulifebreastcare.com](http://www.trulifebreastcare.com)



# Silk

Silk defines what a breast form should be: soft and natural. The innovative skin is silky-soft and offers unparalleled softness and suppleness. All Silk breast forms offer a natural drape not found with other breast forms and are made from the highest quality of silicone for lasting comfort and softness.

Trulife's Silk collection offers the largest selection of shapes and sizes available on the market and are 30% lighter than traditional silicone breast forms.

**BEST SELLER!**



## 471 Silk Triangle

Profile: Shallow to Average  
Sizes: 1-17

- No. 1 selling breast form in the world
- Versatile triangle shape fits a variety of body and surgery types

### Yolanda

*I'm very thankful to have beaten breast cancer twice! Mammograms are amazing, and I encourage you to get yours! I also encourage you to do self exams as well because that's how I found my breast tumours BOTH times!*

*I received my first diagnosis when I was 32 and a mother of two young boys. I chose to be aggressive in my treatment plan as I wanted to be there for my young family. My family was my focus and inspiration in my fight.*

*Fast forward twenty years and I was blindsided with a second diagnosis of Stage 3 Triple Negative breast cancer. A double mastectomy, with a medi port implanted for chemo, soon followed.*

*Having chemo twice has left me with residual side effects, and I feel blessed to be here today. My faith, marriage, family and friends give me the strength for this fight for life.*

*Reconstruction surgery was not an option for me. I found the Radiant Impressions Custom Prosthesis to be the most natural and comfortable. I forget that I have them on! Thank you Trulife!*

www.trulifebreastcare.com



### 485 Silk Curve

Profile: Shallow

Sizes: 2-14

- Elongated top transitions smoothly to the chest wall
- Soft, natural drape to match a mature breast
- Fits well in both underwire and softcup bras



### 473 Silk Teardrop

Profile: Shallow to Average

Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit



### 483 Silk Encore Triangle

Profile: Shallow to Average

Sizes: 1-17

- Cocoa color
- Triangle shape fits a variety of body and surgery types



### 476 Silk Connect

Profile: Shallow to Average

Sizes: 1-10

- Can be worn attached to chest wall or unattached with protective back in place
- Non-adhesive center for easy removal and fuller projection
- Integrated mesh fabric layer for improved durability



### 477 Silk Flex

Profile: Average to Full

Sizes: 1-14

- Heart shape can be positioned in any direction for optimal fit
- Fits well with underwire bras



# Silk



## 475 Silk A Supreme

Profile: Shallow to Average

Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery



## 478 Silk Xtend

Profile: Average to Full

Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery



## 472 Silk Triangle Plus

Profile: Average to Full

Sizes: 1-17

- Triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Conformable back provides additional fullness and projection



## 481 Silk Ultima Triangle

Profile: Full

Sizes: 1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras

A COOLMAX® breast form cover is included with all of our Silk breast forms.



# Traditional

Traditional breast forms drape and move like natural breast tissue. The soft silk film and variety of shapes make traditional silicone a good option for many women



## E344/509 E Supreme

Profile: Average to Full

Sizes: 1-17

- Translucent color
- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit



## S633/508 Symphony

Profile: Average to Full

Sizes: 1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras



## A333/503 A Supreme

Profile: Average to Full

Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery



## 571 Bella

Sold INTL only.

Profile: Average to Full

Sizes: 3-14

- Translucent color
- Symmetrical triangle shape fits a variety of body and surgery types

A COOLMAX® breastform cover is included with all of our Traditional breast forms.



## Gayle

*Being diagnosed with breast cancer at age 30 while living a very healthy and active lifestyle was more confusing than it was terrifying. But there was a purpose for my illness and I chose to embrace the calling of being a living testament to the life, love and opportunities we can have after cancer. Even if you're not sick or never had cancer, these are the very moments of your life, and that is really all we have. Live a life you are proud of.*

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)





# Swim & Activity

Trulife swim forms are ideal for all water activities. They retain their shape in and out of water. They can be used in chlorinated and salt water.

ActiveFlow is the newest concept in active lifestyle breast form design. The perfect combination of beads and moulded spacer fabric provide a flattering, natural profile, whether active or lying down.



## 630 ActiveFlow

Sizes: 1-14

- Popular for all activities including swimming and jogging
- Lightweight monoprene beads do not absorb water and dry quickly
- The beads also move and flatten when sun-bathing



## 641 Tropez

Sizes: 1-14

- Firm translucent triangle shape fits a variety of body and surgery types
- Concave back allows for buoyancy, water flow and shape retention
- New soft silky skin!

# Leisure & Post-Surgery

Ideal collection of soft, lightweight foam breast forms for post-surgery, leisure and moderate activities. Each form features a removable cotton cover for ease of washing.



## 611 Tri-Leisure

Sizes: 3-14

- Triangle shape fits a variety of body and surgery types
- Inner weighted core provides minimal weight
- Recommended for leisure wear



## 616 Tri-Featherweight

Sizes: 1-14

- Triangle shape fits a variety of body and surgery types
- Soft, non-weighted foam
- Recommended for post-surgery



## 607 FirstFit

Sizes: 3-12

A woman's first fit should be soft and gentle, easily adjustable and lightweight for optimized comfort. Trulife's FirstFit form offers an ideal solution for post-surgery and leisure wear.

- Seamless moulded front with a breathable and moisture-wicking COOLMAX® back
- 100% hypoallergenic polyester fluff
- Easily adjusted to any fullness required
- Extra fiberfill included for customized adjustment





# Partial

Trulife offers soft partial silicone breast forms designed to provide the lightest and most natural symmetry for post-lumpectomy, post-reconstruction and enhancement of underdeveloped breasts. All partial breast forms feature tapered edges to ensure a flawless, smooth profile under clothing.

## 533 Triangle Partial

Sizes: 3-9

- Triangle shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin

## P355/531 Teardrop Partial

Sizes: 1-11

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look

## 535 Triangle Partial Encore

Sizes: 3-9

- Triangle shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin

## 356 Teardrop Partial Encore

Sizes: 1-11

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look

## 545 Triangle Plus Partial

Sizes: 3-9

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look
- Conformable back provides additional fullness and projection





### Val

*I was diagnosed with Invasive Ductal Carcinoma in 2011. That same day, I slipped on my sneakers and headed for the gym, where I put in a solid sweat on the Stairmaster and formulated a plan. I filmed an announcement later that night and posted it on Facebook. In that impromptu video session my superhero alter ego, Victorious Val, was born.*

*A lumpectomy, lymph node dissection, 36 rounds of radiation, and a year of hormonal drug treatment behind me, I'm now managing lymphedema in my right arm. Following treatment, I joined the C4YW and LBBC breast cancer blogs as a recurring writer and my first published poem was featured in "Coping With Cancer" magazine. My story "Victorious Val" appears in "Chicken Soup for the Soul: from Lemons to Lemonade". Additionally, I founded the Facebook page "Victorious Val & the Breast Cancer Crusaders", which, currently with 4,000 followers, offers encouragement to survivors, co-survivors and supporters.*





# ReCover

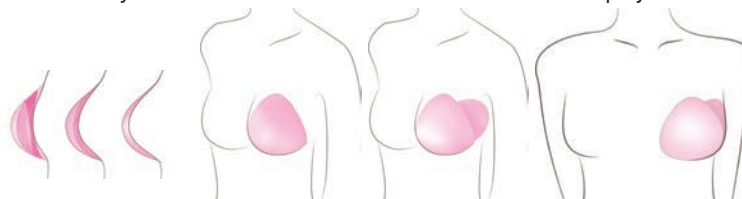
Our collection of imagecare products offers removable layers of soft silicone that provide adjustability for fullness and projection. A gentle and comfortable fit during the multiple stages of reconstruction, for post-lumpectomy use and for covering breast tissue that has changed.



## 822 ReCover Shell

Sizes: S, M, L, XL

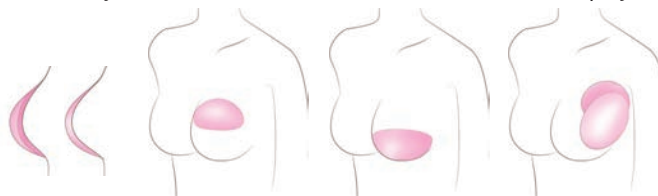
- Designed for use during the multiple stages of reconstruction
- Provides overall coverage to restore symmetry
- Three layers of silicone inserts for customized fullness and projection



## 823 ReCover Overlay

Sizes: M, L

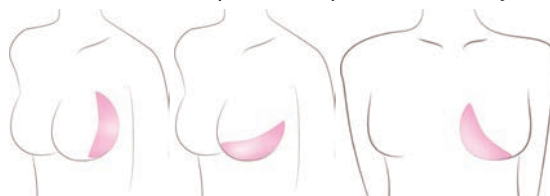
- Designed for post-lumpectomy and post-reconstruction use
- Provides several positional options to restore symmetry
- Two layers of silicone inserts for customized fullness and projection



## 824 ReCover Enhancer

Sizes: M, L







- Designed for post-lumpectomy use
- Anatomically curved shape that contours to existing breast tissue
- Creates additional cleavage or fills an existing deficit
- Provides several positional options to restore symmetry



# Breast Form Size Guide











**How to use this Size Guide:**

- 1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
  - 2. Follow this row to the right for suggested size by product to try on your patient.
- (See example highlighted below).

<div>How to use this Size Guide:</div> <div>1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.</div> <div>2. Follow this row to the right for suggested size by product to try on your patient.</div> <div>(See example highlighted below).</div>							Lightweight							
							MODEL	495	496	490	101	102	151	152
							NAME	BodiCool Wave Triangle	BodiCool Wave Teardrop	BodiCool Triangle	Impressions II	Impressions II Encore	Sublime Aris	Sublime Sensation
							SIZES	1-14	1-14	1-14	2-12	4-12	3-14	XS, S, M, L, XL
							PAGE	5	5	5	7	7	9	9
Size Guide														
PROFILE							Average to Full	Shallow to Average	Average to Full	Shallow to Average	Shallow to Average	Average	N/A	
CUP SIZE							▼	▼	▼	▼	▼	▼	▼	
AA	A	B	C	D	DD	DDD								
BRA BAND SIZE (IN/CM)														
28/60							1	1	1					
30/65	28/60						2	2	2	2			XS	
32/70	30/65	28/60					3	3	3	3		3	XS	
34/75	32/70	30/65	28/60				4	4	4	4	4	4	S	
36/80	34/75	32/70	30/65				5	5	5	5	5	5	S	
38/85	36/80	34/75	32/70	30/65			6	6	6	6	6	6	M	
40/90	38/85	36/80	34/75	32/70			7	7	7	7	7	7	M	
42/95	40/90	38/85	36/80	34/75	32/70		8	8	8	8	8	8	L	
44/100	42/95	40/90	38/85	36/80	34/75		9	9	9	9	9	9	L	
46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	10	10	10	10	10	XL	
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	11	11	11	11	11	XL	
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	12	12	12	12	12		
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13	13	13			13		
	52/120	50/115	48/110	46/105	44/100	42/95	14	14	14			14		
		52/120	50/115	48/110	46/105	44/100								
			52/120	50/115	48/110	46/105								
				52/120	50/115	48/110								

Profiles Defined:

- Shallow: Breast tissue drapes in the lower cup of the bra, often seen on the mature woman with soft breast tissue.
- Average: Equal amounts of breast tissue on the top and bottom of the breast with a more round appearance in upper cup.
- Full: The most round appearance, requiring a form with a strong projection to fill the upper and lower part of the cup.









471	485	473	483	476	477	475	478	472	481
Silk Triangle	Silk Curve	Silk Teardrop	Silk Encore Triangle	Silk Connect	Silk Flex	Silk A Supreme	Silk Xtend	Silk Triangle Plus	Silk Ultima Triangle
1-17	2-14	1-14	1-17	1-10	1-14	1-14 L/R	1-14 L/R	1-17	1-14
12	13	13	13	13	13	14	14	14	14
									
Shallow to Average	Shallow	Shallow to Average	Shallow to Average	Shallow to Average	Average to Full	Shallow to Average	Average to Full	Average to Full	Full
▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
1		1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9
10	10	10	10	10	10	10	10	10	10
11	11	11	11		11	11	11	11	11
12	12	12	12		12	12	12	12	12
13	13	13	13		13	13	13	13	13
14	14	14	14		14	14	14	14	14
15			15					15	
16			16					16	
17			17					17	

Breast Form Size Guide continued next page.

# Breast Form Size Guide

**How to use this Size Guide:**

- 1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
  - 2. Follow this row to the right for suggested size by product to try on your patient.
- (See example highlighted below).

How to use this Size Guide:  1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.  2. Follow this row to the right for suggested size by product to try on your patient.  (See example highlighted below).							Traditional				Swim & Activity		Leisure/Post-Surgery			
							MODEL	INTL E344 US 509	INTL S633 US 508	INTL A333 US 503	571 <small>Sold INTL only</small>	630	641	611	616	607
							NAME	E Supreme	Symphony	A Supreme	Bella	ActiveFlow	Tropez	Tri-Leisure	Tri-Feather-weight	First Fit
							SIZES	1-17	1-14	1-14 L/R	3-14	1-14	1-14	3-14	1-14	3-12
PAGE	15	15	15	15	17	17	18	18	18							
Size Guide																
PROFILE							Average to Full	Average to Full	Average to Full	Average to Full	N/A	N/A	N/A	N/A	N/A	
CUP SIZE							▼	▼	▼	▼	▼	▼	▼	▼	▼	
AA	A	B	C	D	DD	DDD										
BRA BAND SIZE (IN/CM)																
28/60							1		1		1			1		
30/65	28/60						2	1	2		2	1		2		
32/70	30/65	28/60					3	2	3	3	3	2	3	3	3	
34/75	32/70	30/65	28/60				4	3	4	4	4	3	4	4	4	
36/80	34/75	32/70	30/65				5	4	5	5	5	4	5	5	5	
38/85	36/80	34/75	32/70	30/65			6	5	6	6	6	5	6	6	6	
40/90	38/85	36/80	34/75	32/70			7	6	7	7	7	6	7	7	7	
42/95	40/90	38/85	36/80	34/75	32/70		8	7	8	8	8	7	8	8	8	
44/100	42/95	40/90	38/85	36/80	34/75		9	8	9	9	9	8	9	9	9	
46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	9	10	10	10	9	10	10	10	
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	10	11	11	11	10	11	11	11	
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	11	12	12	12	11	12	12	12	
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13	12	13	13	13	12	13	13		
	52/120	50/115	48/110	46/105	44/100	42/95	14	13	14	14	14	13	14	14		
		52/120	50/115	48/110	46/105	44/100	15	14				14				
			52/120	50/115	48/110	46/105	16									
				52/120	50/115	48/110	17									

**Trulife bras offer women everyday confidence and comfort, fashionable choices and supportive styles for a variety of lifestyles.**

Our bras are hand crafted in North America using quality fabrics and components that are inspected to meet Trulife's rigorous specifications. Each bra is carefully sewn by highly skilled workers, followed by a thorough inspection before being packaged for delivery.

All Trulife bras feature pockets on both sides made from breathable soft mesh or COOLMAX® fabric.

The Trulife bra style range offers: super-soft post-surgery bras and camisoles, comfortable and secure everyday bras, and COOLMAX® pocketed activity bras. Other special features include one or several of the following: beautiful embroidery, padded shoulder straps, delicate lace trim, front-closure styling and supportive underwire.

There are four distinct bra categories: Perfectly Seamless, Stylish Fit, Shaped Support and Living Well. Many options are available to find you the ideal fit you deserve!

See the wide product selection that Trulife has to offer to fulfill women's most personal and unique needs.



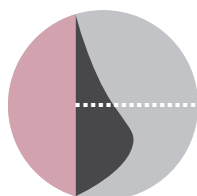
# Bra Fitting Guide

## Achieving the Perfect Fit

When fitting a bra, there are three distinct shapes that describe the wearer's profile: shallow, average and full.

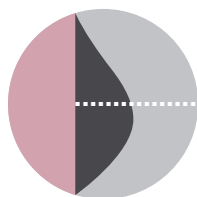
The type of profile is not dependent on cup capacity. For example a woman who wears a 'D' cup can have a shallow profile, just as a woman who wears an 'A' cup can have a full profile.

Below is a guide to help demonstrate the different profile types:



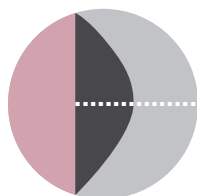
### Shallow

The breast tissue drapes in the lower cup of the bra and is often seen on the mature woman with soft breast tissue. The shallow profile woman requires a bra with a large bottom cup and small upper cup.



### Average

There is an equal amount of breast tissue on the top and bottom of the breast, with a more round appearance in the upper cup area. The average profile woman usually has firm breast tissue and a round profile.



### Full

Producing the most round appearance, the full profile woman requires a bra that provides not only bottom cup support but also support and coverage for the upper part of the breast. The full profile can also be broad without much projection, needing a bra that provides containment such as M-frame styles that separate as well as support.

The bras appearing on the following pages come with a suggested profile fit. Knowing your customer's profile and the best Trulife bras for each profile can provide a personalized, efficient and rewarding fitting experience.

Additionally, each Trulife bra featured in this catalog specifies innovative design features and benefits, for example COOLMAX®, and other performance enhancing materials.

LYCRA® and COOLMAX® are trademarks of INVISTA.

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)

Bra Measurement Guide

Finding the perfect bra is essential for a woman to look and feel her best. It's important to choose a bra style that will adequately support the weight of the breast form and hold it securely against the body.

The following guidelines on measuring for bra size are only a suggested technique and starting point. Taking time to find the correct size will ensure a comfortable fit. Keep in mind that body changes due to weight gain or loss, can also change the bra size. Measurements should be checked again within six months to a year.

Bra Band Measurement

Measure under the remaining breast from center of sternum to center of spine; double the number, then add 5. (Example: 15.5" x 2 + 5 = 36"). If you end up with an odd number, round down to the nearest even number.

Cup Measurement

Measure over the most projected part of the remaining breast from center of sternum to center of spine; double the number.

Bra Size

Determine the difference between the cup measurement and band measurement and refer to chart below:

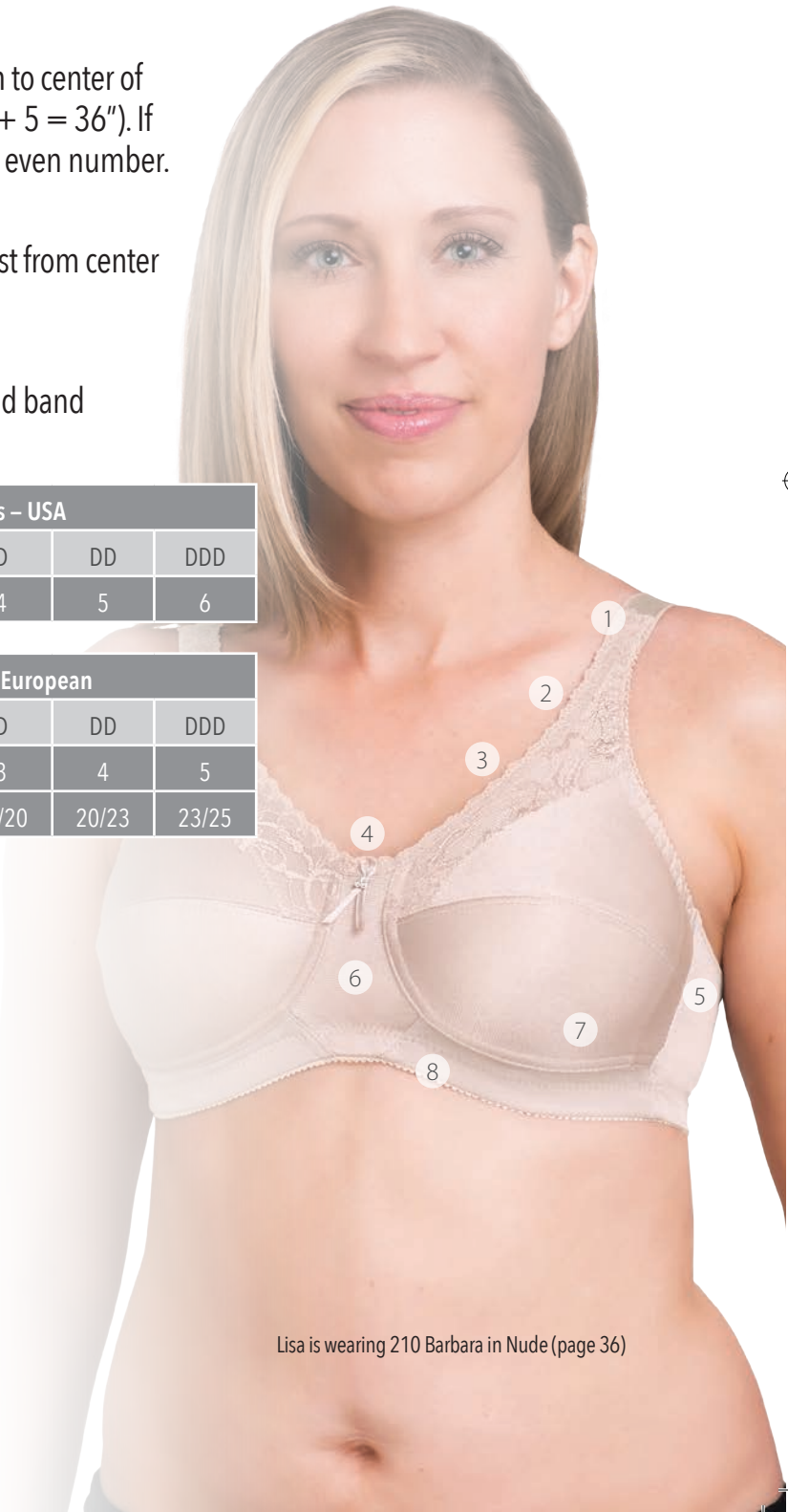
Difference between Bra Band and Cup Measurements – USA							
Cup Size	AA	A	B	C	D	DD	DDD
Difference (Inches)	0	1	2	3	4	5	6

Difference between Bra Band and Cup Measurements – European							
Cup Size	AA	A	B	C	D	DD	DDD
Difference (Inches)	-1	0	1	2	3	4	5
Difference (cm)	8/10	10/12	12/15	15/18	18/20	20/23	23/25

Trulife Bra Features

All Trulife bras provide features essential for a beautiful fit:

- 1. Adjustable shoulder straps
- 2. Elastic binding around neckline
- 3. Full cup coverage
- 4. High center front fabric
- 5. Generous underarm support
- 6. Good separation between cups
- 7. Soft breathable pockets
- 8. Supportive underband
- 9. Two or more hook & eye fasteners (not shown)



Lisa is wearing 210 Barbara in Nude (page 36)

# Perfectly Seamless



## 4013 Alexandra

Style: Seamless Molded Cup

Profile: Average

Colors: White, Latte, Black, Amethyst, Sandstone

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

Our number one selling seamless style features a full coverage foam cup style that offers security and modesty; it boasts Trulife's exclusive foam cup design, ensuring a natural shape and perfect complement to triangular shaped breast forms.

- Lightweight two-way stretch powernet fabric at sides and back provides amazing all-day support
- Back-adjusting elastic straps and hook closure
- Moisture-wicking extended COOLMAX® pockets with underarm opening for comfort and breathability



## 4023 Jacqueline

Style: Seamless Lace Accent Softcup

Profile: Average

Colors: White, Latte

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

Bringing together all the features that make a perfect bra, secure fit, stylish and comfortable. The delicately detailed lace and sparkling heart pendant accent adds a touch of luxury to this comfortable everyday foam cup bra.

- Molded foam cup style that offers security and modesty
- Soft luxurious two-way mesh floral fabric covers the foam cup to resist creasing
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets
- Similar fit to Best Selling sister bra- 4013 Alexandra





## 4033 Daniela

Style: Multiway convertible style

Profile: Average

Colors: White, Nude, Black

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	70-95	75-100	75-95	75-90	75-85

Multiway convertible style with an elegant dotted mesh overlay for a touch of luxury and fashion, accented with a sparkling heart-shaped rhinestone.

- Wear it with conventional wide-set straps, backless as a halter, or crisscrossed in the back
- Full coverage foam cups offer every day comfort and a secure fit
- Back-adjusting elastic straps and hook closure
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets



www.trulifebreastcare.com



# Perfectly Seamless

## 4034 Diana

Style: Seamless Molded Cup

Profile: Average

Colors: Nude, Black

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

The twin sister to 4033 Daniela bra features non-removable straps. This favorite seamless and full coverage foam cup style boasts Trulife's exclusive foam cup design for a natural shape and perfect complement to triangular shaped breast forms.

- Seamless molded cups for that perfect look under fitted clothing
- Extended soft, breathable and moisture wicking COOLMAX® pockets with underarm opening for comfort and breathability
- Breathable microfiber hook and eye with soft, rounded edges for superior comfort
- Lightweight two-way stretch powernet fabric for amazing all-day support



## 4043 Lexi

Style: Seamless Molded Cup

Profile: Average

Colors: Amethyst, Sandstone

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

The preferred molded cup bra with a brand new look! This beautiful seamless style features a full coverage foam cup that offers security and modesty; it boasts Trulife's exclusive foam cup design, ensuring a natural shape and perfect complement to triangular shaped breast forms.

- Seamless molded cups for that perfect look under fitted clothing
- Extended soft, breathable and moisture wicking COOLMAX® pockets with underarm opening for comfort and breathability
- Breathable microfiber hook and eye with soft, rounded edges for superior comfort
- Lightweight two-way stretch powernet fabric for amazing all-day support



## 4029 Leah

Style: Seamless Swirl Jacquard Microfiber Softcup

Profile: Shallow to Average

Colors: White, Latte

CUP	AA	A	B	C	D
IN	34-38	32-40	32-40	34-40	34-38
CM	75-85	70-90	70-90	75-90	75-85

This smooth seamless style with fashion forward front double straps provides an appealing, supportive and flawless appearance.

- Feminine swirl jacquard microfiber stretch fabric is form fitting and comfortable
- Soft elastic at neckline and underarm offer a secure fit
- Back-adjusting non-stretch straps for added support
- Seamless and moisture-wicking extended COOLMAX® pockets for comfort and breathability



## 4028 Amelia

Style: Seamless Lace Accent Softcup

Profile: Shallow to Average

Colors: White, Latte, Black

CUP	A	B	C	D
IN	34-40	34-42	34-42	34-42
CM	70-90	70-95	70-95	70-95

An attractive and seamless soft cup style with mold-to-body spacer fabric presents a flawless profile and modern look. The beautiful patterned lace accents the center, bottom band and back.

- Elastic at the neckline and underarm offer superior comfort and secure fit
- Back-adjusting elastic straps and hook closure
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability



# Perfectly Seamless

## 4014 Ella

Style: Seamless Cotton Softcup

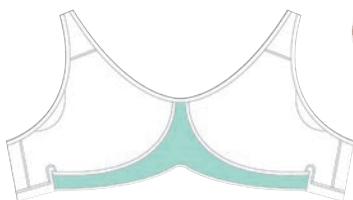
Profile: Shallow to Average

Colors: Latte, Black

CUP	A	B	C	D
IN	34-42	34-42	34-42	34-42
CM	75-95	75-95	75-95	75-95

Our popular cotton-rich seamless cup bra offers a smooth profile, and comfortable all-day wear. Its reinforced side cup design offers enhanced support and a secure fit.

- The specially designed front band lining wraps the bottom band elastic in soft and breathable COOLMAX® for unsurpassed comfort
- Back-adjusting non-stretch straps for additional support
- Ideal style for leisure, active wear, during and following radiation treatments
- Seamless and moisture-wicking extended COOLMAX® pockets for comfort and breathability



Pockets and Front Band lined in COOLMAX®



## 4009 Lana

Style: Seamless Swirl Jacquard Microfiber Underwire

Profile: Average to Full

Colors: White, Latte, Black

CUP	B	C	D	DD
IN	34-44	34-44	34-44	34-42
CM	70-100	70-100	70-100	75-95

This seamless and supportive underwire bra with pretty jacquard microfiber is lightly textured with an exquisite shimmering swirl design; the wonderful stretch fabric provides ultimate comfort and the desired flawless look under fitted clothing.

- Soft elastic at the neckline and underarm offers the needed secured fit
- Natural and modern shape
- Back-adjusting non-stretch straps give added support
- Seamless COOLMAX® pockets for comfort and breathability

www.trulifebreastcare.com





## 4008 Audrey

Style: Seamless Lace Accent Underwire

Profile: Shallow to Average

Colors: White, Latte, Black

CUP	B	C	D	DD
IN	34-42	34-42	34-42	34-42
CM	75-95	75-95	75-95	75-95

A favorite in our seamless category! Its elegant look and seamless underwire cup with mold-to-body spacer fabric provide that desired flawless shape. The lovely lace accents at the center, bottom band and back add a touch of luxury and fashion.

- Elastic at the neckline and underarm offer superior comfort and secure fit
- Back-adjusting elastic straps and back closure
- Breathable and seamless extended mesh pockets for coolness and comfort



## 4002 Lily

Style: Seamless Microfiber Underwire

Profile: Average to Full

Colors: White, Nude, Black, Powder Pink

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-38
CM	70-90	75-90	75-90	75-90

This silky-soft allover microfiber fabric feels exceptionally comfortable for that all-day comfort. The seamless, two-ply molded cups with unique flexible underwire offer a supportive and natural shape.

- Elasticized trim at neckline for a secure fit
- Back-adjusting non-stretch straps and hook closure
- Breathable and seamless extended mesh pockets for coolness and comfort



# Stylish Fit

## 4019 Jessica

Style: Softcup

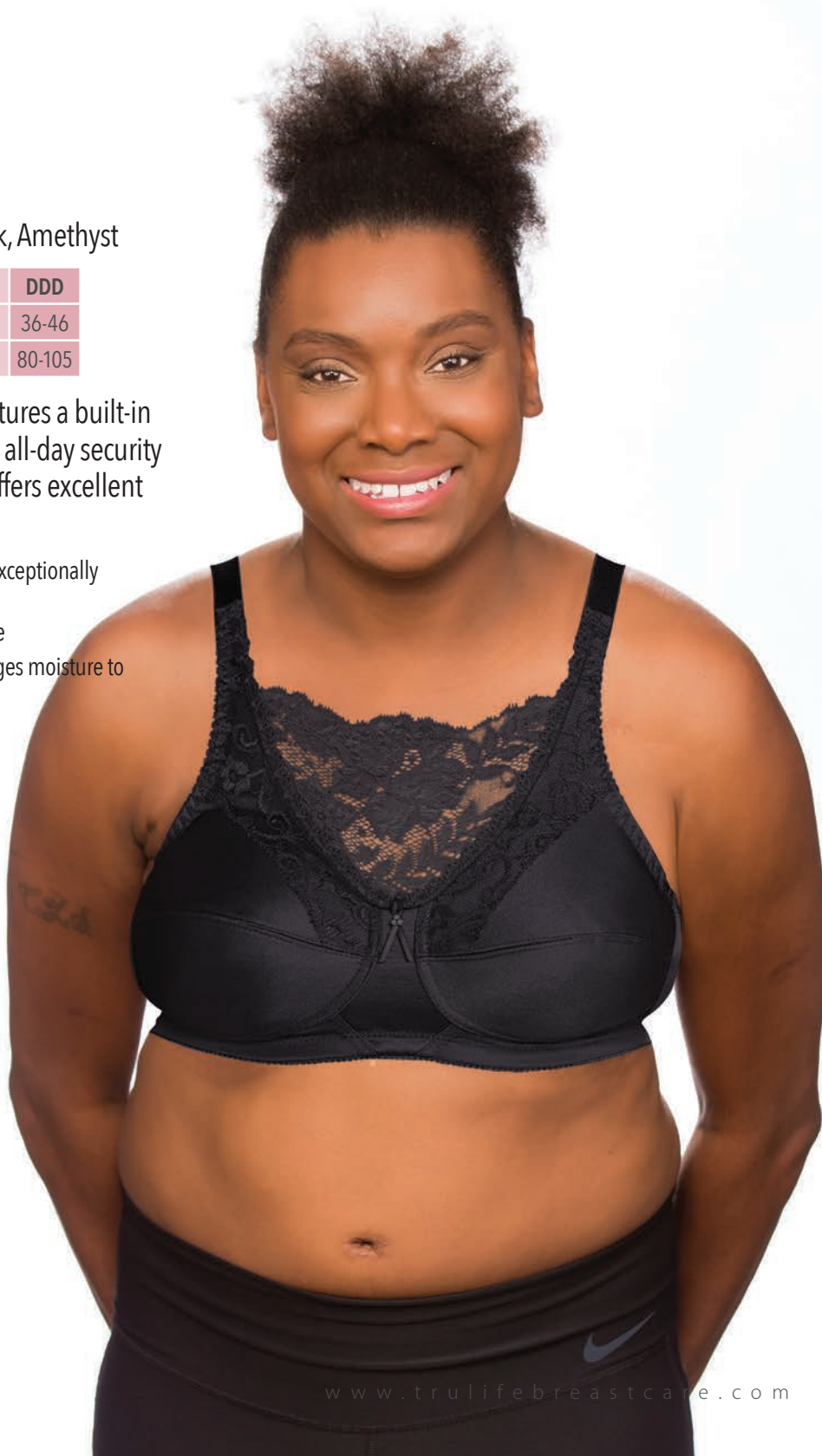
Profile: Average

Colors: White, Nude, Black, Powder Pink, Amethyst

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

This fashionable and preferred style features a built-in lace camisole panel tailored to give you all-day security and comfort. Seamed soft cup design offers excellent support. An absolute favorite!

- Lace accents and lace camisole panel for an exceptionally feminine style
- Back-adjusting elastic straps and hook closure
- Pockets feature COOLMAX® fabric that manages moisture to help keep you cool and dry



[www.trulifebreastcare.com](http://www.trulifebreastcare.com)



4015 Gabriella

Style: Rose Embossed Softcup  
Profile: Shallow to Average  
Colors: White, Latte

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

The soft, rose-embossed fabric of this soft cup style provides feminine beauty and a flirtatious look, with plenty of all-day comfort.

- Back-adjusting elastic straps and back-hook closure
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets



212 Bethany

Style: Front & Back Closure Lace Accent Softcup  
Profile: Shallow to Average  
Colors: White, Nude

CUP	B	C	D	DD
IN	34-42	34-44	34-44	34-44
CM	75-95	75-100	75-100	75-100

No more struggles with difficult to reach hooks! The front and back closures of this lovely lace accent soft cup bra make it is so easy to get on and off, while still allowing adjustability with the back-hook closure. The soft cups and wide cushioned spacer fabric shoulder straps give you plenty of all-day comfort.

- Back-adjusting elastic straps and back-hook closure
- Breathable, COOLMAX® padded straps and extended pockets for increased comfort





# Stylish Fit

## 210 Barbara

Style: Lace Accent Softcup  
 Profile: Shallow to Average  
 Colors: White, Latte, Nude, Black

CUP	A	B	C	D	DD	DDD
IN	32-42	32-52	34-52	34-52	34-48	34-48
CM	70-95	70-120	75-120	75-120	75-110	75-110

Colors: Sandstone, Amethyst, Midnight Blue, Powder Pink, Exotic Latte, Exotic Black

CUP	A	B	C	D	DD	DDD
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	70-100	75-110	75-110	80-110	80-105

Our best-selling style! Four core and several fashion colors make this a favorite. This seamed style offers unparalleled support, and is highlighted with a lace trim that accentuates its loveliness.

- Extremely versatile fit
- Back-adjusting elastic straps and hook closure
- Soft and breathable moisture-wicking COOLMAX® pockets for coolness and comfort



www.trulifebreastcare.com





# Shaped Support



## 420 Kate

Style: Embroidered M-Frame Softcup  
Profile: Average to Full  
Colors: White, Nude

CUP	A	B	C	D	DD	DDD
IN	34-40	34-44	34-44	34-48	34-48	38-46
CM	75-90	75-100	75-100	75-110	75-110	85-105

Preferred style in our support category! Get the uplift, comfort and support needed with this M-frame shape style, without the need of a wire. The beautiful embroidery, wide straps and firm support make it a winning combination.

- Non-stretch reinforced side panels offer extra coverage and support
- Wide back-adjusting non-stretch straps for additional support
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets



## 297 Rose

Style: Full Support Embossed Softcup  
Profile: Average to Full  
Colors: White, Nude

CUP	B	C	D	DD	DDD
IN	34-42	34-46	36-48	36-48	36-48
CM	75-95	75-105	80-110	80-110	80-110

Bring a little glamour into your day-to-day with this lovely embossed soft cup bra that will delight you! It has the full coverage and support you need with its non-stretch side panel and wide strap design.

- Lightly padded fiber-filled cups offers a uniform and shapely fit
- Wide back-adjusting elastic straps disperse pressure points and are gentle on the shoulders
- Comfortable and breathable, moisture-wicking extended COOLMAX® pockets



# Shaped Support

## 290 Isabel

Style: Scalloped Embroidered Lace Softcup

Profile: Average to Full

Colors: White, Nude

CUP	B	C	D	DD
IN	34-42	34-46	34-48	36-48
CM	75-95	75-105	75-110	80-110

Opt for a feminine look underneath it all, with our scalloped embroidered lace soft cup style. The full cups ensure a comfortable fit to give you a supportive and uniform silhouette.

- Non-stretch reinforced side panels offer additional support
- Back-adjusting elastic straps and back-closure
- Breathable, comfortable and moisture wicking COOLMAX® pockets



[www.trulifebreastcare.com](http://www.trulifebreastcare.com)



## 202 Mandy

Style: Three-Quarter Length Posture Support Softcup

Profile: Average to Full

Colors: White, Nude

CUP	A	B	C	D	DD
IN	36-38	36-42	36-46	38-48	38-48
CM	80-85	80-95	80-105	85-110	85-110

This perfect three-quarter length soft cup style boasts crisscross support bands in the back for great posture control. It features a convenient adjustable front-hook closure for easy dressing. Its non-stretch side panel offers additional coverage and support.

- Excellent choice for women with limited upper body mobility, arthritis or lymphedema
- Wide 1" adjustable elastic straps offer shoulder relief for full figured ladies
- Comfortable and breathable, moisture-wicking COOLMAX® pockets



## 190 Irene

Style: Classic Full Support Softcup

Profile: Average to Full

Colors: White, Nude, Black

CUP	A	B	C	D	DD
IN	34-38	34-42	34-46	34-48	36-46
CM	75-85	75-95	75-105	75-110	80-105

As our best-selling style in our support category, this beautiful classic lace accented and full support soft cup bra provides a great fit! The non-stretch reinforced side panels help to contain tissue for an exceptionally smooth shape.

- Two-way stretch powernet fabric for unparalleled support
- Wide, back-adjusting elastic straps distribute pressure on the shoulders
- Comfortable and breathable, moisture-wicking COOLMAX® pockets



# Living Well



## 330 Sophia

Style: Activity Softcup  
Colors: White, Black, Grey

CUP	A/B	C/D
IN	34-44	34-44
CM	75-100	75-100

This favorite sports bra offers the comfort and breathability of cotton-rich fabric and gives just the right amount of lift and support for any workout routine. Lightly-cushioned shoulder straps with COOLMAX® lining for enhanced comfort.

- Smooth supportive bottom band and non-stretch reinforced side panels
- Back-adjusting non-stretch straps for added support
- Breathable and comfortable moisture-wicking extended COOLMAX® pockets



## 327 Charlotte

Style: Microfiber Stretch Leisure Softcup  
Colors: White, Nude

CUP	A/B	C/D
IN	32-46	32-46
CM	70-105	70-105

This superiorly comfortable microfiber stretch soft cup is ideal for post-surgery and leisure wear. The front closure is ideal for women with limited upper body mobility, arthritis or lymphedema.

- Back-adjusting camisole style elastic straps
- Super soft, extended microfiber pockets





## 603 Jennifer

Style: Step-In Camisole with Drain Pouches and Fiber-Filled forms

Colors: White, Ivory, Black

SIZE	S	M	L	XL	2XL	3XL
SIZE	6/8	10/12	14/16	18/20	22/24	26/28

This super soft and best quality camisole is easy to get on and off with its step-in design. The beautiful lace appliqué offers modesty and security. An essential wardrobe item for wear under tees, shirts, dresses and blouses.

- Relaxed fit at the hips
- For post-surgery, leisure and every day wear
- Includes two fiber-filled breast forms and two detachable drain bulb pouches
- An inner shelf panel holds the fiber-filled forms in place



[www.trulifebreastcare.com](http://www.trulifebreastcare.com)





# Trulife Bras At a Glance

## Jen

*I was diagnosed with breast cancer at age 33. Through last year's challenges, I have learned so much about myself and have committed to living my life to its fullest. All of those dreams and wishes I had held onto for so many years, I am now making a part of my reality. This road is not an easy one but I want to inspire and encourage others to show cancer who's boss and to live beyond it. It's possible and I am living proof of that!*

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)

Key		Perfectly Seamless											
☾	Molded Cup	MODEL	4013	4023	4033	4034	4043	4029	4028	4014	4009	4008	4002
○	Softcup	NAME	Alexandra	Jacqueline	Daniela	Diana	Lexi	Leah	Amelia	Ella	Lana	Audrey	Lily
☾	Underwire	STYLE	☾	☾	☾	☾	☾	○	○	○	☾	☾	☾
S	Shallow to Avg	PROFILE	A	A	A	A	A	S	F	S	F	S	F
A	Average	COLORS	<div><div>☐</div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div><div>☐</div></div>	<div><div>☐</div><div>☐</div><div>☐</div><div>☐</div></div>	
F	Average to Full		<div><div>☐</div><div>☐</div></div>										<div><div>☐</div><div>☐</div></div>
☐	White	AA						34-38 in 75-85 cm					
☐	Ivory	A	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	32-40 in 70-90 cm	34-40 in 75-90 cm	34-42 in 75-95 cm			
☐	Nude	B	34-44 in 75-100 cm	34-44 in 75-100 cm	34-44 in 75-100 cm	34-44 in 75-100 cm	34-44 in 75-100 cm	32-40 in 70-90 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-44 in 75-100 cm	34-42 in 75-95 cm	34-40 in 75-90 cm
☐	Latte	C	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-40 in 75-90 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-44 in 75-100 cm	32-42 in 70-95 cm	34-40 in 75-90 cm
☐	Black	D	34-40 in 75-90 cm	34-40 in 75-90 cm	34-40 in 75-90 cm	34-40 in 75-90 cm	34-40 in 75-90 cm	34-38 in 75-85 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	34-44 in 75-100 cm	34-42 in 75-95 cm	34-40 in 75-90 cm
☐	Powder Pink	DD	34-38 in 75-85 cm	34-38 in 75-110 cm	34-38 in 75-85 cm	34-38 in 75-85 cm	34-38 in 75-85 cm				34-42 in 75-95 cm	34-42 in 75-95 cm	34-38 in 75-85 cm
☐	Sandstone												
☐	Amethyst	PAGE	28	28	29	30	30	31	31	32	32	33	33
☐	Midnight Blue												
☐	Exotic Latte												
☐	Exotic Black												
☐	Gray												

Stylish Fit					Shaped Support					Living Well		
MODEL	4019	4015	212	210*	420	297	290	202	190	330	327	603
NAME	Jessica	Gabriella	Bethany	Barbara	Kate	Rose	Isabel	Mandy	Irene	Sophia	Charlotte	Jennifer
STYLE	○	○	○	○	○	○	○	○	○	○	○	Camisole
PROFILE	S	S	S	S	F	F	F	F	F	N/A	N/A	N/A
COLORS												
SIZES												SM-3XL
A	34-42 in 75-95 cm	34-42 in 75-95 cm		32-42 in 70-95 cm	34-40 in 75-90 cm			36-38 in 80-85 cm	34-38 in 75-85 cm			
B	34-44 in 75-100 cm	34-44 in 75-100 cm	34-42 in 75-95 cm	32-52 in 70-120 cm	34-44 in 75-100 cm	34-42 in 75-95 cm	34-42 in 75-95 cm	36-42 in 80-95 cm	34-42 in 75-95 cm			
C	34-48 in 75-110 cm	34-48 in 75-110 cm	34-44 in 75-100 cm	34-52 in 75-120 cm	34-44 in 75-100 cm	34-46 in 75-105 cm	34-46 in 75-105 cm	36-46 in 80-105 cm	34-46 in 75-105 cm			
D	34-48 in 75-110 cm	34-48 in 75-110 cm	34-44 in 75-100 cm	34-52 in 75-120 cm	34-48 in 75-110 cm	36-48 in 80-110 cm	34-48 in 75-110 cm	38-48 in 85-110 cm	34-48 in 75-110 cm			
DD	36-48 in 80-110 cm	36-48 in 80-110 cm	34-44 in 75-100 cm	34-48 in 75-110 cm	34-48 in 75-110 cm	36-48 in 80-110 cm	36-48 in 80-110 cm	38-48 in 85-110 cm	34-46 in 75-105 cm			
DDD	36-46 in 80-105 cm	36-46 in 80-105 cm		34-48 in 75-110 cm	38-46 in 85-105 cm	36-48 in 80-110 cm						
A/B, C/D										34-44 in 75-100 cm	32-46 in 70-105 cm	
PAGE	34	35	35	36	37	37	38	39	39	40	40	41

\*Barbara 210 bra sizes 46-48B, 48DDD, 50-52B, 50-52C, 50-52D not available in fashion colors.



# Accessories

Sold in the USA only.



## Comfy Straps

C0096 Clear; N0096 Nude (20 pairs)

- Eliminates strap slippage and eases shoulder discomfort
- Soft, translucent silicone shapes to the shoulder
- Discreet under clothing and easy to apply to bra straps



## Secrets Breast Enhancers

812 Clear; 810 Nude (1 Pair)

- Instantly creates fullness and cleavage, without surgery
- Anatomically curved and tapered to hug the breast
- Safe, comfortable and secure method for breast enhancement
- Ideal for underwire, push-up and plunge bras in B to DD cup sizes
- Packaged one pair per unit; size 1, 2 and 3



## Breast Form Covers

- Most available in light and dark tone
- Replacement covers
- Sized to match breast form
- Two units per package





## Camisole Inserts

W94 White; N94 Nude

- Beautiful lace camisole-style bra inserts
- Provides added bra coverage and modesty
- Can be sewn into neckline of most bras
- Packaged two per unit; one size



## Bra Extenders

*Call Customer Service for availability on colors and sizes*



## TruKleen

00008 (16 oz. Bottle)

- Recommended to clean Trulife bras, breast forms and breast form covers
- Delicate wash suitable for cold and warm water
- Thoroughly cleanses and extends the life of elasticized fabrics
- Six bottles per case



## It Stays

00005 (2 oz. Bottle)

- Water-soluble body adhesive
- Roll-on applicator top
- Twelve bottles per case



# Product Care

## Breast Forms

Trulife silicone breast forms are designed to be worn by women of all ages, with different lifestyles and surgery types. Our breast forms are available in an extensive range of shapes, sizes, textures and weights to ensure every woman can find the breast form that best suits her needs. A little care and attention will ensure long-lasting comfort and satisfaction.

To clean a silicone breast form, hand wash gently in lukewarm water with a mild soap. Dry with a soft towel, do not wring or rub. Avoid using powders, perfumes or hot water directly on the breast form. Care should be taken to avoid sharp objects that may damage the breast form.

## Routine Cleaning of Sublime and ReCover Products

Wash the prosthesis as often as required by following the steps below:

1. Apply a pea size amount of soap to a wet cloth and use this to wash the breast form, front and back. Wipe with a dry cloth.
2. Alternatively use a wipe.
3. As often as needed, bathe the breast form by submerging in warm water and soap.
4. The honeycomb core of your 100% silicone product will retain water. To extract this water, place the back of the breast form on an absorbent towel and press firmly downwards. Repeat until most of the water is extracted, then leave to dry overnight, with the aerated back facing up.
5. To further enhance the silky soft feel, you may wish to apply talc evenly over the front of the breast form.

It is important to wear the correct size bra that fits properly and does not force the breast form into a different shape. This may cause the breast form to crease or permanently damage the breast form.

Most Trulife breast forms are supplied with a soft breast form cover. It is important to handle the breast form gently when inserting and removing it from the cover or pocket of the bra. Repeated squeezing or pulling may cause damage over time.

When not wearing the breast form, store it in the original packaging and cradle provided, away from heat. This will allow the breast form to maintain its shape and prevent accidental harm.

## Bras

Trulife bras feature quality fabrics, components and construction. We recognize that every woman is an individual with unique needs and desires.

Proper care will prolong the life of Trulife bras and provide lasting comfort, security and an overall natural look and feel. We recommend hand washing in warm water with mild soap. Hang dry for best results. Avoid use of fabric softeners when bra contains COOLMAX® fabric. Do not bleach.

With care, your Trulife bra will beautifully support and secure your breast form, for a natural, feminine look.





### **Trulife USA**

Tel: 1 800 492 1088

Email: [info-usa@trulife.com](mailto:info-usa@trulife.com)

### **Trulife Canada**

Tel: 1 800 367 2812

Email: [infocanada@trulife.com](mailto:infocanada@trulife.com)

### **Trulife UK**

Tel: 0800 716770

Email: [info@trulife.co.uk](mailto:info@trulife.co.uk)

### **Trulife Ireland**

Tel: +353 1 451 1755

Email: [info@trulife.com](mailto:info@trulife.com)

[www.trulifebreastcare.com](http://www.trulifebreastcare.com)

[www.trulife.com](http://www.trulife.com)



[/trulifebreastcare1](https://www.facebook.com/trulifebreastcare1)



[@TrulifeBC](https://twitter.com/TrulifeBC)

